

February-18

Sumter School District Elementary Breakfast Menu




Monday

Tuesday

Wednesday

Thursday

Friday

<p>1% White Milk and Assorted Flavored Non Fat & Skim Milk Served daily at Breakfast and Lunch Breakfast and Lunch is free for all students</p> <p>Students wishing to get a second meal will have to pay the ala carte price of \$2.25 for breakfast and \$3.75 for lunch.</p> <p>Adult Breakfast -\$2.25 Adult Lunch- \$3.75</p> <p>Reminder - Menu Subject to Change Due to Food Availability</p>		  <p>February is American Heart Month <i>Eat Right to Maintain a Healthy Heart</i></p>					
			1	Pancake and Sausage on a Stick or Cinnamon Toast Cereal WG Graham Crackers Fresh Orange Wedges or 100% Grape Juice	2	Mini Cinnamon Roll or Frosted Flakes Cereal WG Graham Crackers Sliced Pears or 100% Orange Juice	
5	Apple Cinnamon Muffin w/ Cheese or Froot Loop Cereal WG Graham Crackers Sliced Peaches or 100% Apple Juice	6	Sausage Biscuit or Cinnamon Toast Cereal WG Graham Crackers Fresh Apple Wedges or 100% Orange-Pineapple Juice	7	Breakfast Pizza or Cocoa Puffs Cereal WG Graham Crackers Pineapple Tidbits or 100% Apple Juice	8	Mini Chocolate Chip French Toast Bites or Cinnamon Toast Cereal WG Graham Crackers Fresh Orange Wedges or 100% Grape Juice
12	WG Blueberry Poptart w/ Mozzarella Cheese Stick or Froot Loop Cereal WG Graham Crackers Sliced Peaches or 100% Apple Juice	13	Ham and Cheese Biscuit or Cinnamon Toast Cereal WG Graham Crackers Fresh Apple Wedges or 100% Orange-Pineapple Juice	14	Breakfast Pizza or Cocoa Puffs Cereal WG Graham Crackers Pineapple Tidbits or 100% Apple Juice	15	Mini Strawberry Pancakes or Cinnamon Toast Cereal WG Graham Crackers Fresh Orange Wedges or 100% Grape Juice
19	Apple Frudel or Froot Loop Cereal WG Graham Crackers Sliced Peaches or 100% Apple Juice	20	Chicken Biscuit or Cinnamon Toast Cereal WG Graham Crackers Fresh Apple Wedges or 100% Orange-Pineapple Juice	21	Breakfast Pizza or Cocoa Puffs Cereal WG Graham Crackers Pineapple Tidbits or 100% Apple Juice	22	Mini Chocolate Chip French Toast Bites or Cinnamon Toast Cereal WG Graham Crackers Fresh Orange Wedges or 100% Grape Juice
26	Blueberry Muffin w/ Mozzarella Cheese Stick or Froot Loop Cereal WG Graham Crackers Sliced Peaches or 100% Apple Juice	27	Ham and Cheese Biscuit or Cinnamon Toast Cereal WG Graham Crackers Fresh Apple Wedges or 100% Orange-Pineapple Juice	28	Breakfast Pizza or Cocoa Puffs Cereal WG Graham Crackers Pineapple Tidbits or 100% Apple Juice		
						23	Grits w/ Toast Scrambled Eggs or Frosted Flakes Cereal WG Graham Crackers Sliced Pears or 100% Orange Juice

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