

February-18

Sumter School District Elementary Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1% White Milk and Assorted Flavored Non Fat & Skim Milk
Served daily at Breakfast and Lunch
Breakfast and Lunch is free for all students

Students wishing to get a second meal will have to pay the ala carte price
of \$2.25 for breakfast and \$3.75 for lunch.

Adult Breakfast -\$2.25

Adult Lunch- \$3.75

Reminder - Menu Subject to Change Due to Food Availability



February is American Heart Month
Eat Right to Maintain a Healthy Heart



			1 Oven Roasted Chicken Seasoned Brown Rice or Chef Salad w/ Crackers Green Peas or Calypto Crush V-Juice Sliced Peaches or Fresh Apple Wedges	2 Pepperoni Pizza or Chicken Fajita Steamed Corn Romaine Lettuce/ Diced Tomato Ridgefield Frozen Fruit Cup or 100% Apple Juice
5 Baked Catfish Tenders w/ Tartar Sauce Seasoned Yellow Rice WG Cornbread or Turkey and Cheese on WW Bun Steamed Tomatoes or Pinto Beans Pineapple Tidbits or 100% Fruit Punch	6 Rotini Bake WW Breadstick or Club Sandwich on WW Bun Vegetable Medley or Romaine Lettuce and Sliced Tomato Chilled Applesauce or Mandarin Oranges	7 Beef Taco or Chicken Fajita Wrap or Taco/ Fajita Toppings Steamed Corn Blushing Blueberry Pears or Chilled Peaches	8 Turkey Tetrizzini or Toasted Ham and Cheese Sandwich Green Peas or Sliced Carrots Fruit Cocktail or 100% Apple Juice Schoolmade Cinnamon Roll	9 Pepperoni Pizza or Grilled Chicken on WW Bun Green Beans or Tossed Salad w/ Dressing Strawberry Fruit Cup or Fresh Orange Wedges or
12 Hotdog on WW Bun or Ham and Cheese Sandwich Baked Beans Crinkle Cut Fries Pineapple Tidbits or 100% Blue Razz Juice	13 Spaghetti w/ Meat Sauce Garlic Toast or Yogurt Boxed Lunch Mixed Vegetables or Fresh Baby Carrots w/ FF Ranch Fresh Orange Wedges or Valentine's Frozen Fruit Treat	14 Turkey and Cheese on WW Bun Cherry Star V-Juice Goldfish Cheddar Crackers Chilled Applesauce Cup Grab n' Go Meal Early Dismissal ♥ Happy Valentine's Day ♥	15 Baked Turkey w/ Gravy Steamed Rice or Chef Salad w/ Dressing Sweet Potatoes or Collards Fresh Apple Wedges or 100% Fruit Punch	16 Pepperoni Pizza or BBQ Chicken on WW Bun Green Beans or Tossed Salad w/ Dressing Chilled Peach Cup or Mandarin Oranges
19 Chicken Tenders w/ Waffles or Yogurt Boxed Lunch Potato Rounds Fresh Baby Carrots Fresh Apple Wedges or 100% Orange Juice Breakfast for Lunch	20 Shepherd's Pie Cornbread or Turkey and Cheese on WW Bun Steamed Cabbage or Calypto Crush V-Juice Strawberry Fruited Gelatin w/ Topping or Chilled Peaches	21 Hamburger on WW Bun or Ham and Cheese Flatbread Sandwich Baked Beans Romaine Lettuce/ Tomato Blushing Strawberry Pears or Fresh Orange Wedges	22 Barbecue Chicken or Baked Catfish Tenders w/ Tartar Sauce Macaroni and Cheese Collards or Sweet Potatoes Sliced Peaches or 100% Fruit Punch Juice Soul Food Feast	23 Pepperoni Pizza or Chicken Salad w/ Thin Sliced Bread Romaine Lettuce and Tomato Slice Steamed Corn Pineapple Tidbits or Frozen Fruit Treat
26 Fish Taco w/ Tartar Sauce or Toasted Ham and Cheese on WW Bun Crinkle Cut Fries Romaine Lettuce/ Tomato Mandarin Oranges or Strawberry Flavored Applesauce	27 Grilled Cheese Sandwich or Ham and Cheese on WW Bun Vegetable Soup Tossed Salad w/ Dressing Chilled Pineapple Tidbits or 100% Apple Juice	28 Corndog or Yogurt Boxed Lunch Baked Beans Fresh Baby Carrots w/ Ranch Fresh Orange Wedges or Chilled Peaches		

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